



COURSE CATALOG

Updated 4/20/07

Course Lengths are in minutes

SAFETY AWARENESS COURSES			
Click Level 1	Audience: All Employees		
General Safety Awareness	Length: 6-15 Minutes/Course		
	Classes	Course Length	Pricing
	Airline Respirator Warning	10	\$ 10.00
	Bloodborne Pathogens	10	\$ 10.00
	Confined Spaces Awareness	10	\$ 10.00
	Crystalline Silica Exposure	10	\$ 10.00
	Defensive Driver Awareness	15	\$ 10.00
	Diversity in the Workplace	10	\$ 10.00
	Electrical Safety	10	\$ 10.00
	Emergency Action Planning Awareness	10	\$ 10.00
	Employer/Employee Responsibility	10	\$ 10.00
	Ergonomics Awareness	10	\$ 10.00
	Fall Protection Awareness	10	\$ 10.00
	Fire Prevention Awareness	10	\$ 10.00
	Gas Monitoring and Calibration	10	\$ 10.00
	General Housekeeping on the Jobsite	10	\$ 10.00
	Hazard Communication Awareness	10	\$ 10.00
	Introduction to Heavy Construction Safety and Health	30	\$ 10.00
	Jobsite Safety Orientation	10	\$ 10.00
	Ladder Safety Awareness	10	\$ 10.00
	Personal Protective Equipment (PPE)	10	\$ 10.00
	Power Tool Awareness	10	\$ 10.00
	Scaffold Safety Awareness	10	\$ 10.00
	Trenching and Excavation Awareness	10	\$ 10.00
	Working Around Mobile Equipment	10	\$ 10.00
	Working Safely With Electricity	20	\$ 10.00

SAFETY & HEALTH FUNDAMENTALS	
Click Level 2	Audience: Specialized Workers & Supervisory Personnel
Advanced Safety Training	Length: 30– 90 Minutes/Course

	Classes	Course Length	Pricing
	100% Fall Protection	45	\$ 20.00
	Accident Prevention Heavy Construction	30	\$ 20.00
	Alcohol & Substance Abuse	30	\$ 20.00
	Asbestos Hazards	35	\$ 20.00
	Bloodborne Pathogens	40	\$ 20.00
	Concrete and Masonry	50	\$ 20.00
	Confined Space	45	\$ 20.00
	Construction Zone Fitness	30	\$ 20.00
	Control of Hazardous Energies	30	\$ 20.00
	Crane Safety Basics	45	\$ 20.00
	Defensive Driving	60	\$ 20.00
	Demolition Hazards	25	\$ 20.00
	Dust Disturbance and Mitigation	40	\$ 20.00
	Electrical Hazard Recognition & Control	45	\$ 20.00
	Electrical Hazards	30	\$ 20.00
	Emergency Action/Response	60	\$ 20.00
	Emergency Response	30	\$ 20.00
	Ergonomics	45	\$ 20.00
	Fall Protection	50	\$ 20.00
	Fall Protection Equipment	50	\$ 20.00
	Fire Prevention	60	\$ 20.00
	Forklift Hazards	60	\$ 20.00
	Ground Fault Protection in Construction	30	\$ 20.00
	Hazardous Communication Standard	40	\$ 20.00
	Hazardous Waste	30	\$ 20.00
	Heat Stress	20	\$ 20.00
	Heavy Construction - Tier 1	250	\$ 55.00
	Heavy Construction - Tier 2A	310	\$ 55.00
	Heavy Construction - Tier 2B	240	\$ 55.00
	Helicopter Lift Safety	30	\$ 20.00
	How to Read a Material Safety Data Sheet (MSDS)	45	\$ 20.00
	Laser Hazards	60	\$ 20.00
	Lead Hazards	15	\$ 20.00
	Materials Handling	15	\$ 20.00

	Molds	45	\$	20.00
	Mold - OSHA's Position	50	\$	20.00
	Motorized Mobile Platforms	45	\$	20.00
	New and Hot Topics at OSHA 2005	45	\$	20.00
	New and Hot Topics at OSHA 2006	45	\$	20.00
	Noise and Hearing Protection	15	\$	20.00
	Office Safety	30	\$	20.00
	OSHA – An Introduction	45	\$	20.00
	Other Construction Health Hazards	50	\$	20.00
	Personal Protective Equipment, Common	45	\$	20.00
	Personal Protective Equipment, Special	45	\$	20.00
	Power Tool Use and Guarding	45	\$	20.00
	Respiratory Protection	60	\$	20.00
	Rigging	30	\$	20.00
	Safety and Health during Disaster Recovery	30	\$	20.00
	Scaffold Erection Guidelines	30	\$	20.00
	Scaffold User Guidelines	30	\$	20.00
	Silica Hazards	20	\$	20.00
	Signs Signals and Barricades	30	\$	20.00
	Soils Analysis & Classification	50	\$	20.00
	Spray Coating Operations	45	\$	20.00
	Stairways and Ladders	45	\$	20.00
	Subpart C – Construction General Safety	60	\$	20.00
	Subpart D – Construction Health Hazards	60	\$	20.00
	Subpart D – Occupational Health	30	\$	20.00
	Subpart O - Motor Vehicles, Mechanized Equipment	75	\$	20.00
	Subpart R – Steel Erection	90	\$	20.00
	Sun and Other Outdoor Hazards	45	\$	20.00
	Trenching and Excavation	25	\$	20.00
	Trenching & Excavations- Practical Applications	50	\$	20.00
	Welding/Hot Work	35	\$	20.00
	Workzone Traffic Control	45	\$	20.00

MANAGEMENT COURSES	
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Click Level 3	Audience: Management and Supervisory
Management Courses	Length: 30 minutes - 4 Hours/Course

	Classes	Course Length	Pricing
	Competent Person, Fall Protection	230	\$ 35.00
	Construction Spanish for Supervisors	60	\$ 35.00
	Conducting Tailgate Meetings	40	\$ 35.00
	Contractor's Safety & Health Program	60	\$ 35.00
	Health & Safety Leadership	240	\$ 35.00
	OSHA Compliance Basics	60	\$ 35.00
	OSHA 300 Reporting and Record Keeping	60	\$ 35.00
	Suspicious Mail, Anthrax and Other Concerns	30	\$ 35.00
	The Competent Person	45	\$ 35.00

CERTIFICATE OR OSHA AUTHORIZED COURSES

Click Level 4	Audience: All Employees		
Certificate or OSHA Authorized	Length: 1 & 1/2 - 30 Hours/Course		
	Classes	Course Length	Pricing
	Forklift Operator Certification	90	\$ 55.00
	HAZWOPER 8-hour Refresher 2006	455	\$ 95.00
	HAZWOPER 8-hour Supervisor	450	\$ 95.00
	Cal-OSHA 8x8	480	\$ 125.00
	OSHA 10 Hour Construction Safety	600	\$ 125.00
	OSHA 10-hour General Industry	600	\$ 125.00
	Cal-OSHA 10-hour Construction Safety	600	\$ 125.00
	OSHA 30 Hour Construction Safety	1800	\$ 295.00

MOLD IN CONSTRUCTION SERIES

MOLD	Audience: Contractors, All Employees		
	Length: 30 - 60 Minutes/Course		
	Classes	Course Length	Pricing
	Managing Mold Issues for Bldg Construction Mgmt	100	\$ 35.00
	Managing Mold Issues for Fixed Site Facilities	90	\$ 35.00

	Mold Information and Training	60	\$	20.00
	Mold Awareness for Facility Operators	60	\$	20.00
	Mold for All other Trades	130	\$	35.00
	Mold For General Contractors	155	\$	55.00
	Mold Remediation and Restoration	105	\$	35.00
	Mold In Construction	170	\$	55.00
	Mold Contract and Bid Instructions	30	\$	20.00
	Mold Design and Materials	20	\$	20.00
	Mold Inspection in Construction	30	\$	20.00
	Mold Maintenance Procedures	20	\$	20.00
	Mold Response Actions	30	\$	20.00

DEPARTMENT OF TRANSPORTATION COURSES

DOT	Audience: Drivers and Supervisors			
	Length: 60 Minutes/Course			
	Classes			
		Course Length		Pricing
	Drug and Alcohol Training for Supervisors	75	\$	35.00
	Drug Testing for Commercial Drivers	60	\$	20.00
	Driver PreTrip/Post Trip Vehicle Inspection	60	\$	20.00
	HAZMAT Bill of Lading	85	\$	20.00
	HAZMAT Transportation Enhanced Security	25	\$	20.00

GENERAL INDUSTRY COURSES

General Industry	Audience: All Employees			
	Length: 30 - 180 Minutes/Course			
	Classes			
		Course Length		Pricing
	Back Injury Prevention and Lifting	30	\$	20.00
	Bloodborne Pathogens	40	\$	20.00
	Compressed Gas Cylinder Safety Awareness	45	\$	20.00
	Electrical Safety and LOTO	60	\$	20.00
	Flammable and Combustible Liquids	60	\$	20.00
	Hazard Communication	45	\$	20.00
	Hexavalent Chromium	25	\$	20.00

	Introduction to OSHA	95	\$	20.00
	Exit Routes, EAP/Fire Prevention Plans	30	\$	20.00
	Ladder Safety Training	45	\$	20.00
	Machine Guarding	60	\$	20.00
	Materials Handling and Storage, General Industry	50	\$	20.00
	Noise and Hearing Conservation	20	\$	20.00
	Personal Protective Equipment	60	\$	20.00
	Walking and Work Surfaces	30	\$	20.00
	Alcohol & Substance Abuse for Supervisors	70	\$	35.00
	Sexual Harassment for Employees	60	\$	55.00
	Sexual Harassment for Managers	180	\$	75.00

SPANISH COURSES

Spanish	Audience: All Spanish Speaking Employees			
Courses designated OSHA 10 will be part of our Spanish OSHA 10	Length: 5 – 60 Minutes/Course			
	Classes			
	Bloodborne Pathogens	15	\$	10.00
OSHA 10	Concrete and Masonry	50	\$	20.00
	Confined Space Entry*	40	\$	20.00
	Confined Spaces Awareness	15	\$	10.00
OSHA 10	Control of Hazardous Energies*	30	\$	20.00
	Crane Safety Basics*	45	\$	20.00
	Diversity in the Workplace	15	\$	10.00
OSHA 10	Electrical Safety	30	\$	20.00
	Electrical Safety Awareness	15	\$	10.00
	Emergency Action Planning Awareness	15	\$	10.00
	Employer/Employee Responsibility	15	\$	10.00
	Ergonomics	15	\$	10.00
OSHA 10	Excavations*	25	\$	20.00
OSHA 10	Fall Protection*	90	\$	20.00
	Fall Protection Awareness	15	\$	10.00
	Fire Prevention Awareness	15	\$	10.00
OSHA 10	Fire Prevention*	60	\$	20.00
	General Housekeeping	15	\$	20.00
OSHA 10	Ground Fault Protection*	30	\$	20.00

OSHA 10	Hand and Power Tools*	60	\$	20.00
	Hazard Communication Awareness	15	\$	10.00
OSHA 10	Hazard Communication*	45	\$	20.00
	Heat Stress*	40	\$	20.00
	Jobsite Safety Orientation	15	\$	10.00
	Ladder Safety Awareness	15	\$	10.00
OSHA 10	Material Handling*	45	\$	20.00
OSHA 10	OSHA: An Introduction	45	\$	20.00
OSHA 10	Personal Protective Equipment*	75	\$	20.00
	Personal Protective Equipment Awareness	20	\$	10.00
	Power Tool Awareness	15	\$	10.00
	Rigging*	30	\$	20.00
OSHA 10	Scaffold Erection Guidelines*	30	\$	20.00
	Scaffold Safety Awareness	15	\$	10.00
	Scaffold User Guidelines*	30	\$	20.00
OSHA 10	Stairways and Ladders*	45	\$	20.00
	Trenching and Excavation Awareness	15	\$	10.00
OSHA 10	Welding/Hot Work	45	\$	10.00
	Working Around Mobile Equipment	15	\$	10.00

CAL-OSHA SPECIFIC COURSES

CA 1 & 2	Audience: All Employees working in CA			
Except where noted	Length: 15 – 60 Minutes/Course			
course names begin with - Cal				
	Classes			
	California IIPP	15	\$	10.00
	Cal-OSHA for Construction	30	\$	20.00
G2	Cal-OSHA Heat Stress	30	\$	20.00
	California Confined Space for Construction	45	\$	20.00
	Concrete and Masonry	60	\$	20.00
	Crane Safety Basics	45	\$	20.00
	Electrical Hazard Recognition/Control	45	\$	20.00
	Electrical Hazards	30	\$	20.00
	Electrical Safety Awareness	10	\$	10.00
	Fall Protection	40	\$	20.00

	California Fall Protection Awareness	15	\$	10.00
	Fire Prevention	60	\$	20.00
	California Fire Prevention Awareness	15	\$	10.00
	Ground Fault Protection	30	\$	20.00
	Hand and Power Tools	60	\$	20.00
	HAZCOM	25	\$	10.00
	Materials Handling	45	\$	20.00
	OSHA: An Introduction	30	\$	20.00
	Practical Trenching	60	\$	20.00
	PPE	75	\$	20.00
	California Personal Protective Equipment Awareness	25	\$	10.00
	Scaffold Erection	30	\$	20.00
	California Scaffold Safety Awareness	15	\$	10.00
	Scaffold Use	30	\$	20.00
	Stairs and Ladders	45	\$	20.00
	Trenching and Excavation	30	\$	20.00
	Sexual Harassment for Employees	60	\$	55.00
	Sexual Harassment for Managers	180	\$	75.00

CANADIAN SPECIFIC COURSES

CL 1 & 2	Audience: All Employees working in Canada			
	Length: 15 – 60 Minutes/Course			
	Classes			
	Canada - General Housekeeping	15	\$	10.00
	Canada - Personal Protective Equipment	20	\$	10.00
	Canada - Defensive Driving	45	\$	20.00
	Canada - Ergonomics	45	\$	20.00
	Canada - Fire Prevention	60	\$	20.00
	Canada - Office Safety	30	\$	20.00